

		Running Bear – Dancer Action			Grenn 12230 – Caller Dick Jones				
<i>cpl</i>	<i>Figure 1-4</i>								
1	4 Ladies	chain	---	---	Across the	river	---	---	
H			Chain						
S			Chain						
2	Chain them	back	---	---	and	Rollaway	---	---	
H			Chain back						
S			Chain back						
3	Heads go	Forward	Up and	Back	And then you	---	Star	Thru	
H			Rollaway				Up		
S			Rollaway				Wait		
4	Outside	Two	Dive	Thru	Pass	Thru and	Do	Sado	
H	Back		Star thru				Dive thru		
S	Wait		Wait				Dive thru		
5	Same	Four	Circle	Half	And then	You	Dive	Thru	
H	Div. Cal. twirl		Dosado						
S	Pass Thru		Dosado						
6	Square	Thru	(while) Sides	Divide	Star thru	And	When you	do	
H	Circle 1/2				Dive Thru		Div. Cal. twirl		
S	Circle 1/2				Dive Thru		Square thru		
7	Meet those	two	Dosa	do	And then you	---	Circle	---	
H	Divide		Star thru				Dosado		
S	Finish sq thru						Dosado		
8	Half	Way	And	Then	Dive	Thru	Box the gnat	---	
H					Circle 1/2				
S					Circle 1/2				
9	Pull them	thru	Swing and	Whirl	Your	Corner	---	---	
H	Dive thru		Calif. Twirl				Swing		
S	Dive thru		Box gnat		Pull by		Swing		
10	Left	Allemande	---	---	And	Promenade	---	---	
H					AL				
S					AL				
11	You	Promenade	The	Ring	With the	Pretty little	thing	---	
H			Prom						
S			Prom						
12	You're	Big	Chief	Run	ing	bear	---	---	
H								**	
S								**	

** finish last two beats of promenade in first 2 beats of next figure for figs 1-3

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